

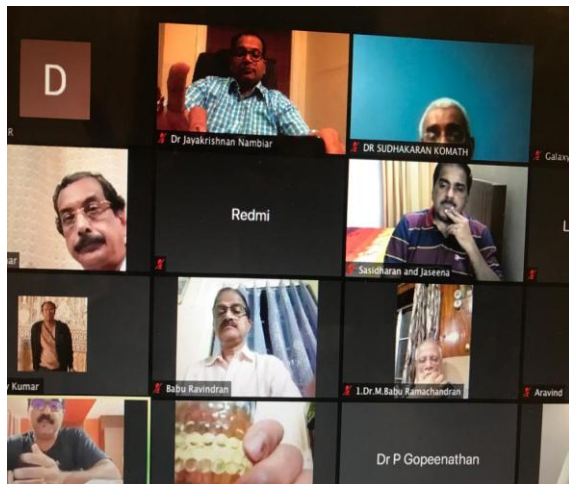


IMA TELLICHERRY  
NEWS LETTER – JANUARY 2021

**ORGANIZATIONAL  
ACTIVITIES**

**05.01.2021: General Body Meeting**

Thalassery IMA conducted an GB Meeting on 05.01.2021. Topic was “IMA Thalassery’s Dream Project”. Dr. Sajeew Kumar P B (President IMA Thalassery) presided the function. A total number of 98 members attended. Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) proposed the vote of thanks.



**07.01.2021: Condolence meeting**

A condolence meeting was held on the sad demise of Dr.

Abdul Khader. A condolence resolution was passed. After the meeting many members including the IMA members visited his residence and paid homage to the departed soul.



**12.01.2021: Building Committee Meeting**

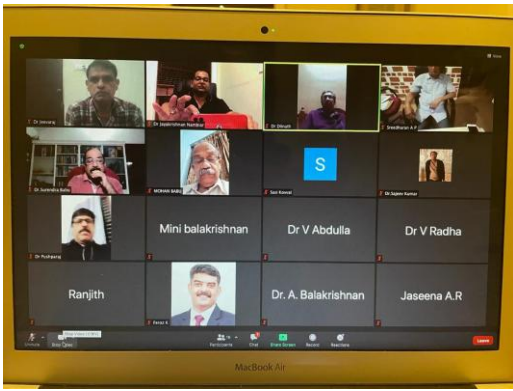
Building committee meeting was conducted on Zoom Platform. 13 members attended the Zoom meeting.

**17.01.2021: Building Committee Meeting**

Building committee meeting was conducted on Zoom Platform. 8 members attended the Zoom meeting.

**17.01.2021: Condolence meeting**

A condolence meeting was held on the sad demise of Dr. Noordeen P V. A condolence resolution was passed. After the meeting many members including the IMA members visited his residence and paid homage to the departed soul.



#### **19.01.2021:Building Committee**

Building committee meeting was conducted on Zoom Platform.12 members attended the Zoom meeting.

#### **26.01.2021:Building Committee Meeting**

Building committee meeting was conducted on Zoom Platform.12 members attended the Zoom meeting.

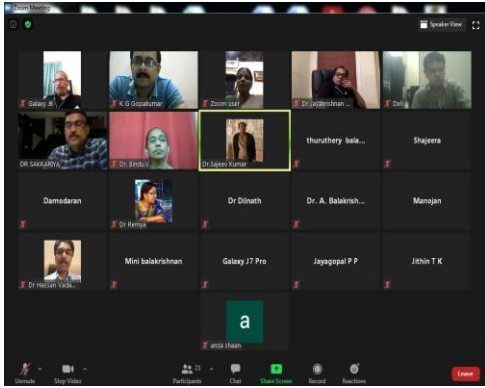
#### **29.01.2021: IMA Kannur Dist Committee**

Dr.Sasidharan K presided the meeting. Dr.Babu Raveendran,Dr.Jayakrishnan

Nambiar, Dr.Sajeev Kumar , Dr.Gopeenathan P and Dr.Pushparaj attended the Kannur District Committee Meeting.

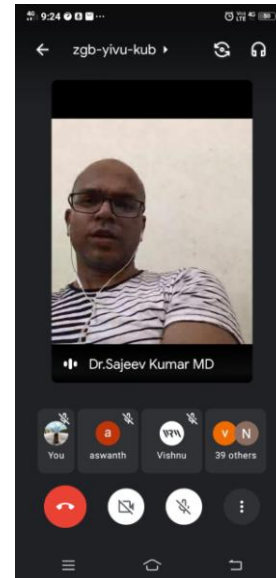
### **ACADEMIC ACTIVITIES**

26.01.2021: IMA &IAP conducted a CME on Hansen's Disease as part Leprosy Awareness Week. Dr.Bindhu V, Addl.Professor Department of Dermatology took class to members of IMA ,IAP and Dermatologist.More than 30 doctors participated and actively interacted with the speaker. Dr.Sakkariya IAP President welcomed the gathering. Dr.Sajeev Kumar P B IMA President chaired the session. Dr.Shajeera Beegam introduced the speaker. Dr.Jayakrishnan Nambiar proposed vote of thanks.



## SOCIAL ACTIVITIES

27.01.2021: IMA Thalassery and Mission Pink Health conducted awareness class to students of IHRD College of applied Sciences, Kuthuparamba. Topic "Common Mental Health issues in College Students". Dr.Sajeev Kumar, Psychiatrist Thalassery took class on Zoom platform around 65 students participated.



27.01.2021: IMA Thalassery and Mission Pink Health in association with Pachakkara Vanitha Kootayma conducted a one day workshop. Topics covered 1.Common mental Health Issues in adolescence. 2.Stress management for exam going students in the time of lockdown.3.Cyber security for students. Dr.Sajeev Kumar, Consultant Psychiatrist, Thalassery conducted the workshop. Both parents and students benefitted with the programme. Sareena of Pachakara Vanitha Kootayma welcomed the gathering and

Shameena proposed vote of thanks. Around 60 members attended.



**21.01.2021: Gynaec Awareness class**

IMA Thalassery and Lions Club Kuthuparamba conducted a Gynaec Awareness class on 21.01.2021 at Zoom platform. Dr.Suchitra Sudheer took an awareness class for adolescent girls and parents.

**BLS Training Programme**

31.01.2021: BLS and First AID Class for the Officers and Civil

defence staff at IMA Hall Thalassery by Dr.Nadeem Abooty. The class was organized by IMA Thalassery. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) co-ordinated the function.



**OBSERVATION OF IMPORTANT DAYS**

**17.01.2021: Palliative Care Day**  
IMA Thalassery,Lions Club of Dharmadam and BREXA jointly organised Palliative Care Day celebrations on 17<sup>th</sup> January 2021 at 9.00am at Govt Brennen College,Training Ground.Awreness class by Dr.T Ramesan,MBBS,MD(IMA Pain and Palliative Clinic)



**24.01.2021:National Girl Child Day**

- Poster exhibition at City Centre,Thalassery premises for the public awareness. Dr.Mini Balakrishnan addressing the public,on save a girl child.



- Poster exhibition at Co-operative Hospital,Thalassery premises for the public awareness.Dr.Sakkariya

President IAP addressing the public,on save a girl child.



- Poster exhibition at Indra Gnadhi Co-op Hospital ,Thalassery premises for the public awareness. Dr.Siddeek addressing the public,on save a girl child.



## 26.01.2021: Leprosy Awareness Week

IMA & IAP conducted a CME on Hansen's Disease as part Leprosy Awareness Week. Dr. Bindhu V, Addl. Professor Department of Dermatology took class to members of IMA, IAP and Dermatologist. More than 30 doctors participated and actively interacted with the speaker. Dr. Sakkariya IAP President welcomed the gathering. Dr. Sajeev Kumar P B IMA President chaired the session. Dr. Shajeera Beegam introduced the speaker. Dr. Jayakrishnan Nambiar proposed vote of thanks.

## 26.01.2021: International Environment Education Day

IMA & IAP Thalassery in association with BREXA observed

International Environment Education Day at Brennen College.

Speaker Dr. Khaleel Chovva, famous environmentalist, Dean of Environmental studies Kannur University did a wonderful oration to the audience.

Dr. Sakkariya IAP Thalassery President took class to Govt HSS Thalassery on the topic. Well appreciated by the audience.

## 26.01.2021: Republic Day

President hoisted the National Flag on the occasion of Republic day 10 members attended the function and saluted the National Flag.



### 31.01.2021: Pulse Polio Immunization

Pulse Polio Immunization programme at General Hospital, Thalassery in association with IAP & IMA Thalassery. Inauguration by Dr. Maya Jithin (IAP & IMA Member) and Dr. Vipina (PP Unit MO) by giving polio drops to daughter of Dr. Anish Mohan. Along with PP Unit members, H/N Jayasree and Sarala felicitated the function. At New Bus Stand Thalassery and Railway Station Thalassery.



### SPECIAL PROJECTS OF THE BRANCH

**IMA Pain & Palliative Care Society  
& Pain Clinic at Govt. General  
Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

### MISCELLANEOUS Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 900 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

### **PUBLIC RELATIONS & SOCIAL INVOLVMENT**

#### **24.01.2021:National Girl Child Day**

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